

### Notices.

MEMBERS of the Matrons' Council are asked kindly to take notice that the Executive Committee will meet shortly to consider the arrangements for the Annual Conference in July. Suggestions as to papers, or questions, to be brought forward are invited, and should be sent to the Hon. Secretary, Miss M. Breay, 46, York Street, Portman Square, W.

WILL our readers kindly notice that communications for insertion in the current number of the NURSING RECORD should reach the editorial Office, 20, Upper Wimpole Street, W., *if possible*, not later than Wednesday morning. We receive much interesting matter just after we have gone to press which, if sent a few posts earlier, could be inserted, but is stale a week later.

*In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at our Offices.*

*Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.*

### Comments and Replies.

*H. L. M.*—(1)—So many certificated nurses are anxious to nurse our sick soldiers, that we do not think you would be accepted as a nurse in a Convalescent Home, either at home or abroad. (2)—We should not advise your applying for work in South Africa. (3)—Application should be made to the Director General, Army Medical Department of the War Office, 18, Victoria Street, S.W.

*Twenty-three.*—You should obtain the "Nursing Directory," published at the offices of the NURSING RECORD, 11, Adam Street, Strand. It is published under the authority of the Matrons' Council, and will give you full information as to the regulations of all the chief London and Provincial Training Schools.

*Perplexed Matron.*—We certainly think it is part of the duty of every Matron to take a personal part in the instruction and examination of her probationers. Instruction in anatomy and physiology may be suitably given by medical men, but nursing details can only be taught effectively by one who is practically acquainted with them, and the proper person is certainly the Matron. We think a Matron should always personally test the knowledge of her probationers on practical nursing points before signing their certificates. We should advise you to obtain the first volume of "Practical Nursing," by Miss Isla Stewart and Dr. Herbert Cuff, which is published by Messrs. Blackwood, London, price 3s. 6d. You will find in it much information which will be useful to you.

*Country-bred.*—The training at some of the provincial hospitals is excellent. You should write to the Matrons of the General Hospital, Nottingham, and the Infirmary, Blackburn. You will find particulars of other training schools in the NURSING DIRECTORY, which may be obtained from the offices of the NURSING RECORD, 11, Adam Street, Strand.

## Influenza.



The resisting power required to afford protection from an attack of Influenza is provided in an agreeable and convenient form by Bovril. An occasional cup of this stimulating and comforting beverage imparts tone to the system, set up an immediate glow of natural warmth, and overcomes the exhaustion and numbness due to the penetrating cold and damp.

Patron—H.R.H. THE PRINCESS OF WALES.

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STANLEY SMITH, *Secretary.*

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